

The Adventures of Knight Triphon



Illustrated Story

Knight Triphon returns from the Crusades and wants to settle in an idyllic place. Bypassing the access to St-Maurice he noticed three beautiful hills covered in forest at the foot of majestic mountains in the heart of the Chablais region. Straight away, he falls under the picturesque charm of this friendly country on the banks of the river Rhone.



Without further ado, he decides to build his castle on Lessus hill. To achieve this, Knight Triphon needs various materials. Quite by chance, he stumbles upon a limestone cliff in which he cut blocks of rock needed to build his castle. By cutting the stones, he realises that the limestone of St. Triphon is very special. When polished, it shines a deep black, like marble.



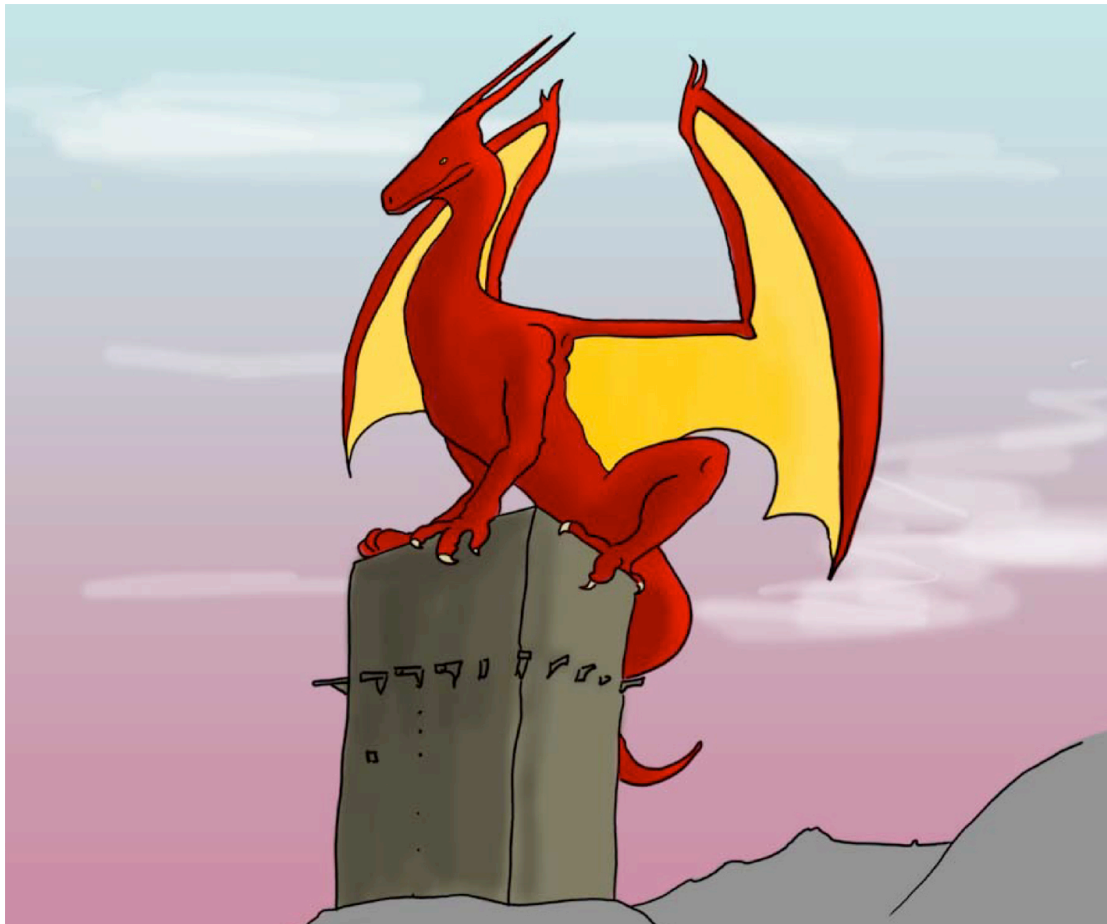
Then one day when the castle is finished, the knight gets caught by enemy troops. Fortunately, Knight Triphon had thought to build a signal to warn his neighbours by lighting huge fires that were visible from as far as Saint-Maurice to Lac Léman (Lake Geneva). After terrible and stressful fighting, calm returns to the small fortress.

However, the fighting resulted in some injuries. Thanks to the presence of curative plants picked from the garden, Knight Triphon was able to heal his wounds and apply ointment on the wounds of those of his men in camp.



But danger lurked again. Back at the dungeon, he finds that the only ladder leading to the front door was burned. In the distance he heard the beautiful Princess Loïse call for help. The voice came from the inside of the tower.

A terrible water dragon came out of the Rhone and took advantage of the absence of the Knight Triphon by removing his dear friend and keeping her prisoner in the tower. Without hesitation, the brave knight provokes the evil dragon into a duel.



“The winner of the fight will be the master of the castle and the tower forever!” agreed both opponents.

After a fierce battle, the Knight Triphon manages to dominate the terrifying red and gold dragon. It surrenders and is condemned to return to the Rhone until the end of his days.



The Princess is very proud of her valiant knight. So when Triphon asks for the hand of Loïse from her father, she sincerely hopes that he will say yes. The father accepts the request and the big day arrives. The bride and groom head to the Ladies chapel, followed by witnesses and all the village inhabitants. There the two newlyweds promise to love each other forever.

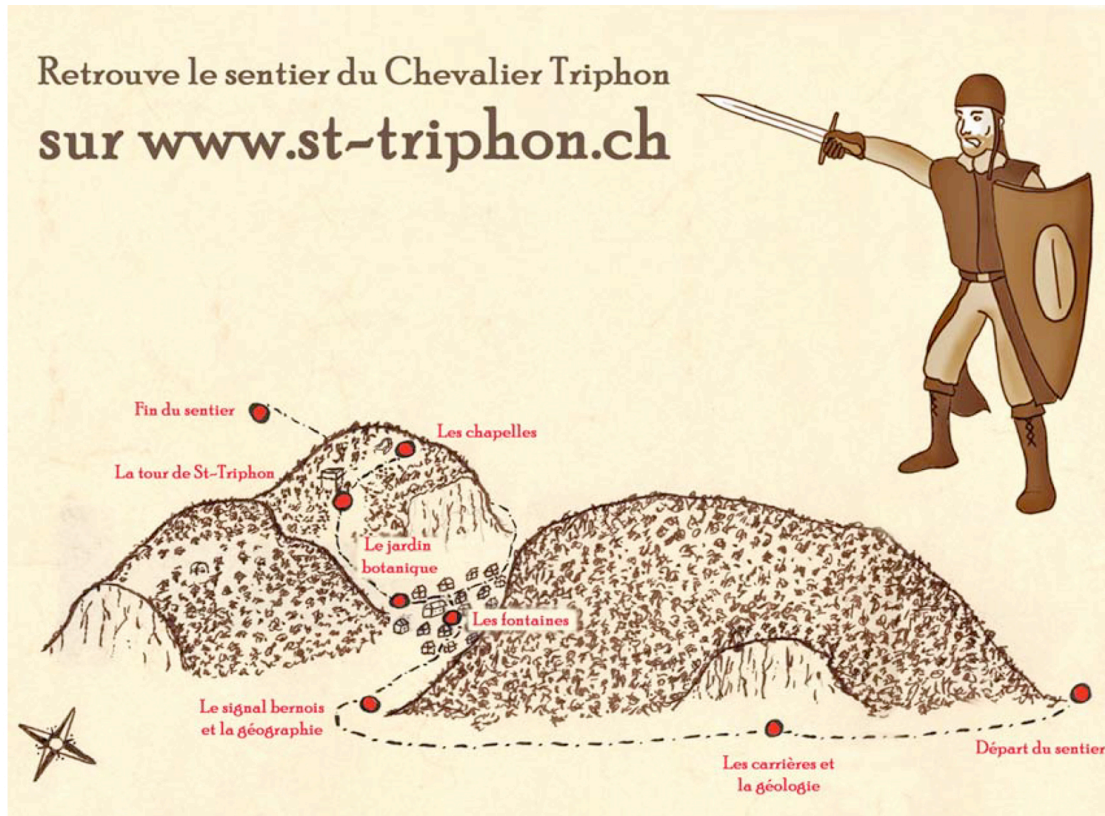
For the wedding feast, the villagers prepare food in abundance. The baker brings the bread still steaming, water bearers stop at the village fountain to fetch drinking water and the winemakers bring the freshly squeezed wine must. The ladies run into the garden picking flowers while children cross through the vineyards reaping the most beautiful bunches of grapes to accompany the feast. On the menu: Puffballs (*Lycoperdon perlatum*) and wild boar accompanied by Dogwood berries. The festival promises to be beautiful in St Triphon!



The End.

You will find the full details of the trail on the website of St Triphon

www.st-triphon.ch



Translated into English by Mme Robyn Kohli-Leamon, Nov 25th 2013

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Inauguration of the "Trail of Knight Triphon" was on May 16, 2009. The course is also linked to an educational file.

Participating students : Gabrielle Dayer, Sarah Gigandet, Mélanie Bovet, Julien Jolidon, Valentin Ritz, Guillaume Capt, Nicolas Henchoz, Grégory Treusch

Authors of the Story: Pauline Clement & Yannik Dubosson.

Illustrations: Sven Jungo card and Capt William



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